



ALL ABOUT ME

Information for my teacher on my first day at Acorn Nursery

My name is: _____

What I need to bring:

- Water Bottle
- Snacks for breakfast and lunch in a bag or lunch box
- Spare clothes (2 sets)
- Sun hat
- Nappies / pull-ups
- Nappy rash cream
- Sun cream
- Wet wipes / cotton wool

All should be labelled with my name and placed in my storage box.

Words I use that may help my teacher:

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My usual sleep routine:

I take naps at:

Max. sleep duration:

I like to sleep with a:

I am learning to use the toilet!

I can ask to go to the toilet Yes / No

I sit / stand to use the toilet Sit / Stand

I need help pulling my clothes up/down Yes / No

I use these words when I need to go

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My eating routine :

(tick any that apply)

- I need help using knife/fork/spoon
- I love food & eat everything
- I need encouragement eating

What I like to do at home ...

What gives me comfort ..

Any other comments / concerns?